Teaching Guide
Resources and Suggestions for a Teaching Unit on
“Comfort Women”: Survivors of Japan’s Military Sexual Slavery 1932-1945
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I. Mission Statement
This guide is intended for college and high school teachers interested in planning a unit on “Comfort Women.” The unit has been created to coincide with the 2006 Global V-Day Campaign for Justice to “Comfort Women”: Survivors of Japan’s Military Sexual Slavery. It provides teaching suggestions, links and resources about the history of “Comfort Women,” current reparation efforts, and legal developments. In addition, it offers teaching suggestions for the novel Comfort Woman by Nora Okja Keller (winner of the 1998 American Book Award), which allows teachers to introduce students to the subject of “Comfort Women” through a compelling and beautifully written tale of one survivor and her daughter. Psychological perspectives on trauma are also presented. The unit is appropriate for college or high school classes in literature, psychology, women’s studies, Asian studies, history, and cultural studies.

II. Resources for lectures on history and current efforts pertinent to “Comfort Women”

Web Links:

History:
See V-Day website http://www.vday.org/contents/vcampaigns/amea/comfortwomen


The website of the Korean Council for Women Drafted for Military Sexual Slavery by Japan www.womenandwar.net/english/menu_01.php gives a detailed history of the efforts of this group to gain recognition and restitution. It includes a timeline for the first personal testimonies given by former “Comfort Women,” dates of demonstrations and lawsuits, solidarity conferences with women from other countries, as well as other pertinent information.

Provides information about the Women’s International War Crimes Tribunal on Japan’s Military Sexual Slavery held in Tokyo, December 2000, the events leading up to it, and a transcript of the oral judgment given December 4, 2001.
Current efforts:  
See V-Day website (above) as well as its links to several women’s organizations. Such efforts include the creation of a War and Women’s Human Rights Museum in Korea, Global Signature Campaign with a goal of collecting one million signatures, and a photo exhibit and street march in Taipei, Taiwan.

Histories and First-Person Testimonies:

*The Comfort Women: Colonialism, War, and Sex.* Special Issue of *Positions: East Asia Cultures Critique* 5.1 (Spring 1997).


Films:
The following are all powerful, moving films. After showing a film, we suggest that you provide time to discuss students’ reactions.

*Breaking the History of Silence: The Women’s International War Crimes Tribunal on Japan’s Military Sexual Slavery*
Produced by: Video Juku, VAWW-Net Japan  
2001, 68 minutes  
For private use $50.00, Institutions (with public viewing license): $200.00  
[video-juku@jca.apc.org](mailto:video-juku@jca.apc.org), 81-3-3401-8944  
Shows excerpts of the planning process, proceedings and findings of the Women’s International War Crimes Tribunal held in Tokyo, Japan from December 8-12, 2000. During the proceedings there were testimonies from survivors as well as Japanese
veterans who admitted that they had been rapists. Prosecutors and expert witnesses presented their evidence.

http://www.jca.apc.org/video-juku/trib-eng.html

In addition, Video-Juku offers *Hague Final Judgment-The Women’s International War Crimes Tribunal on Japan’s Military Sexual Slavery*, 2002, (33 minutes) and 8 short (9 minutes to 40 minutes) videos of testimonies of “Comfort Women” (only 4 in English).

**Silence Broken: Korean Comfort Women**, Dai Sil Kim-Gibson, Director, Writer, Producer
1999, 57 minutes, documentary
National Asian American Telecommunications Association
Purchase $265, Rental $85
1-888-328-2665
distribution@naatanet.org

“The individual testimonies in the film, combined with rare archival footage and dramatized images, create a collective story which embodies the spirit and fortitude of all comfort women.”

**Until the Violence Stops**, Director: Abby Epstein
2004 V-Day productions, 72 minutes
Purchase, Docurama, http://www.docurama.com,$26.95
Rental from Netflix, http://www.netflix.com
The middle section of the film includes testimony, photographs and discussion of a group of “Comfort Women” from the Philippines.

**The Vienna Tribunal**, Director: Gerry Rogers
1994, 48 minutes
Women Make Movies, Inc.
462 Broadway, Suite 500WS
New York, New York 10013
212-925-2052
Purchase, $195.00, Rental $60.00 Order # W99289
Highlights from personal testimonies given at the Global Tribunal on Violations of Women’s Rights. This meeting was held in conjunction with the U.N. World Conference on Human Rights held in Vienna in 1993. The first testimony, about 4 minutes in length, is given by a “Comfort Woman” from Korea. This is a powerful speech.

**III. Comfort Woman by Nora Okja Keller (Penguin 1997): Teaching Resources**

Teachers wishing to incorporate literature into a unit on “Comfort Women” might assign Nora Okja Keller’s novel *Comfort Woman*, winner of the 1998 American Book Award.

**Brief summary:**
In her first novel, Keller draws on the distinct voices of Beccah, an obituary writer, and her mother, Akiko, a spirit medium, to illustrate the unconquerable love between mother and daughter. Beccah is lost on the path of life, unsure where her future lies, while her mother is lost in the past, her life caught up in the spirits of the dead, who have haunted her since her escape from the camps where she was a sex slave during the Japanese occupation of Korea in World War II. The story is told from these two women's points of view as each grapples with the terrors, real and imaginary, that dominate their lives. Beccah knows little of her mother's past, and when her mother dies, she is forced to confront the truth. Despite the atrocities recounted and the suffering endured, a fierce love binds these two spirits together, even in death. Erin Cassin, "Library Journal"

Copyright 1997 Reed Business Information, Inc. (from amazon.com)

**Comfort Woman Book Reviews:**


**Interviews with Nora Okja Keller:**


**Critical essays on Comfort Woman:**


IV. Comfort Woman by Nora Okja Keller: Questions for Reading, Reflection, Discussion, and Writing

Note that Penguin's Readers Guide for Comfort Woman is included in the back of the novel's most recent (paperback) edition. The guide offers useful questions for discussion, an interview with Keller, and an autobiographical essay by the author. The supplemental reading questions included here encourage students to chart their comprehension of and responses to the novel in the context of a unit on “Comfort Women.”

1. Trace Keller’s use of imagery of silence and voice throughout the novel and analyze the significance of these images/themes in relation to the history you have learned about “Comfort Women.”

2. Draw connections between Comfort Woman and other novels you’ve read that are alike in some way. Consider similar approaches to narrative structure, treatment of history in fiction, or use of magical realism. For example, Keller’s novel has been compared stylistically to Toni Morrison’s Beloved. For a second novel on the topic of World War II and “Comfort Women,” see Chang-Rae Lee’s A Gesture Life (Riverhead Trade 2000). “A Gesture Life presents . . . two different time frames. In one, delivered via flashback, Hata is a medical officer in Japan's Imperial Army. Posted to a tiny installation in rural Burma, he's ordered to oversee a fresh detachment of Korean ‘comfort women’--i.e., victims of institutionalized gang rape” (James Marcus, from amazon.com)

3. Describe some specific behavior of Akiko’s during the trances when “the spirits claimed her.” How does your understanding of these scenes in the novel change when you consider the description of Post Traumatic Stress Disorder (outlined below, in this guide)?

4. Describe some specific aspect of Akiko’s experience at the Japanese “recreation center” camp. How does your understanding of these scenes in the novel change when you read one or more personal testimonies by survivors of the camps (see references list above)?
5. Describe Akiko’s reaction to her discovery that Beccah is having sex with Max. How has Akiko’s past experience of rape shaped her attitudes toward her daughter’s sexuality?

6. Describe one of the items Beccah finds hidden in her mother’s jewelry box and explain what that item reveals to Beccah about Akiko’s unspoken history.

**Literary Analysis Paper Assignment: Nora Okja Keller’s *Comfort Woman***:

This paper asks students to focus on one specific stylistic device Keller has used to tell the story of a surviving “Comfort Woman” and her daughter. Storytelling is both a theme and a device of narrative structure in *Comfort Woman*, where Soon-Hyo’s (Akiko’s) story intertwines with Beccah’s. Keller explains in an interview that Beccah’s “discovery of her mother’s story parallels the world’s discovery of the stories of comfort women. They will not die unknown and unrecognized, lost in history” (155). Keller also comments on her decision to make Soon-Hyo (Akiko) a shaman: “I had a long interest in Korean shamanism. It’s a powerful and fascinating tradition, and I’m drawn to its feminist nature—the fact that the majority of shamans, and the most prominent shamans, are women. It's a tradition that allows women an unconventional voice in a traditional society” (151). Choose one specific stylistic device (such as alternating narrators, a specific image, or use of flashback, for instance), and explain how that device contributes to Keller’s goal of helping her readers discover the stories of “Comfort Women.”


**V. Related Topics**

**Relevant international documents:**

a. Beijing Platform for Action
   In particular, Critical Area of Concern E. Women and Armed Conflict
   http://www.un.org/womenwatch/daw/beijing/platform/armed.htm
   The following is an excerpt from this section:
   The Geneva Convention relative to the Protection of Civilian Persons in Time of War, of 1949, and the Additional Protocols of 1977 [24] provide that women shall especially be protected against any attack on their honour, in particular against humiliating and degrading treatment, rape, enforced prostitution or any form of indecent assault. The Vienna Declaration and Programme of Action, adopted by the World Conference on Human Rights, states that "violations of the human rights of women in situations of armed conflict are violations of the fundamental principles of international human rights and humanitarian law".

   An International Bill of Rights for Women.
http://www.un.org/law/icc/
The Rome Statute has “incorporated a gender perspective to ensure that women who are
victims of the gravest crimes under international law have access to justice and that
women play a role in the Court.” (from Amnesty International, Broken Bodies, Shattered
Minds, see below)

d. UN Security Council Resolution 1325 on Women Peace and Security
http://www.un.org/events/res_1325e.pdf
Annotated version from UNIFEM (United Nations Development Fund for Women)
http://www.womenwarpeace.org/toolbox/annot1325.htm
Focuses on the inclusion of women in peace-building activities and includes a section on
the need to protect women and girls in war and conflict.

Books, Reports, and Other Resources:

a. Amnesty International, Broken Bodies, Shattered Minds: Torture and Ill-Treatment of
Women, 2001, http://web.amnesty.org/library/Index/engACT400012001, see “Torture of
Women in Armed Conflict.” Torture is defined as including rape and other sexual abuse
of women and girls.

Crimes Against Women in Armed Conflict, 2004
http://web.amnesty.org/library/engindex (search for title)

c. Amnesty International’s campaign, Stop Violence Against Women. The campaign
online is: www.amnesty.org/actforwomen

d. Center for Women’s Global Leadership
http://www.cwgl.rutgers.edu/globalcenter/takeaction.html
Includes suggestions about getting involved in women’s human’s rights issues.

e. Human Rights Watch Women’s Human Rights
http://www.hrw.org/women/

f. McDougall, G. Contemporary Forms of Slavery: Systematic Rape, Sexual Slavery And
Slavery-Like Practices During Armed Conflict, June 22, 1998 Commission on Human
into your search engine and you will find this document online.)

g. Not a Minute More: Ending Violence Against Women
Combating Gender Based Violence: Achievements And Ways Forward
UNIFEM, 2003
“Highlights many of the achievements in combating violence against women, and suggests recommendations as to what must be done to build on the achievements and address the challenges.”

http://www.eldis.org/static/DOC14057.htm also www.unifem.org/resources (search title)

h. Picturing a Life Free of Violence: Media and Communications Strategies to End Violence Against Women www.unifem.org/resources (see link)

i. Public Hearings on Crimes Against Women in Recent Wars and Conflicts held December 11, 2000 in conjunction with the Tokyo Tribunal, see Women’s Caucus for Gender Justice’s website: www.iccwomen.org/archive/tokyo/

Sixteen women “gave testimonies about recent violations they have suffered in different parts of the world which have gone unpunished. The purpose of the Public Hearing was to show that the impunity enjoyed by the perpetrators of the crimes against the former comfort women fosters impunity for future perpetrators.” Provides information about the public hearing as well as a synopsis of testimonies.


Examination of violence against women prior to, during and post-conflict situations and the implementation of UN Security Council Resolution 1325, Women Peace and Security. Fourteen conflict areas are discussed, including East Timor, Balkans, Somalia and Sierra Leone. Many testimonies from women are provided.


see Special Rapporteur on violence against women

l. United Nations High Commissioner for Refugees www.unhcr.ch/

m. Widowhood And Armed Conflict: Challenges Faced And Strategies Forward

Workshop on Widowhood organized by the International Committee of the Red Cross and the Australian Red Cross, at the 27th International Conference of the Red Cross and Red Crescent, November 1999.


n. Widows’ Rights International http://www.widowsrights.org/

o. Women and Armed Conflict; International Justice

http://www.hrw.org/women/conflict.html

In-depth reports about women and armed conflict in such areas as Sudan, Iraq, Sierra Leone and Kosovo.

VI. Psychological Issues Related to Trauma

Mental Health Consequences:

Health and Mental Health Consequences of Violence Against Women


World Health Organization, Fact Sheet No 239, Revised June 2000, Violence Against Women

Post Traumatic Stress Disorder (PTSD):

Students may find it helpful to think about Akiko’s behaviors and symptoms in *Comfort Woman* as a manifestation of Posttraumatic Stress Disorder (PTSD). The following summary of the diagnostic criteria for PTSD is adapted from the *Diagnostic and Statistical Manual of Mental Disorders*, Fourth Edition, (DSM-IV), American Psychiatric Association, 1994. Please note that not all symptoms are listed.

A. Exposure to a traumatic event in which the person faced an event that involved actual or threatened death or serious injury to self or others and the response involved intense fear, helplessness or horror.

B. Re-experiencing the traumatic event in one or more of these ways: recurring and distressing images, thoughts or perceptions; distressing dreams and nightmares; acting or feeling as if the event were recurring, through misperceptions, hallucinations and dissociative flashbacks; emotional distress or physiological reaction to stimuli, internal or external that represent the traumatic event.

C. Avoidance of stimuli associated with trauma and numbing of emotional responsiveness including three of the following: avoidance of thoughts, feelings, conversations, activities, places, and people associated with the trauma; feeling detached from others; having a restricted range of emotion; and not expecting to live a normal life span.

D. Chronic state of hyperarousal including two or more: easily startled, insomnia, trouble concentrating, irritability or anger outbursts, and hypervigilance.

E. Duration of symptoms for more than one month.
F. Disturbance causes clinically significant distress and/or impairment in social, occupational and/or other important areas of functioning.
Note: Can be delayed onset of symptoms at least 6 months after the incident and can last for years.

Other useful links on PTSD:

How trauma can affect Relationships
[http://www.istss.org/terrorism/Trauma_and_Relationships.htm]

Controversies about the Use of PTSD:

The use of a psychiatric diagnosis, such as PTSD, as a label for behaviors and symptoms in response to trauma is a controversial topic. Psychology students might be asked to research this controversy. A starting point could be the following articles:

[http://bmj.bmjjournals.com/cgi/content/full/323/7312/561]
Usefulness and validity of post-traumatic stress disorder as a psychiatric category
Mezey, G. & Robbins, I.

[http://www.studentbmj.com/issues/01/03/education/61.php]
The invention of post-traumatic stress disorder and the social usefulness of a psychiatric category
Summerfield, D.
StudentBMJ 2001;09:43-84 March.

VII. RESEARCH and ACTIVISM PROJECTS

1. Have students read about activities that have been undertaken on behalf of former “Comfort Women” in the following countries: Korea, China, Taiwan, North Korea, the Philippines, Indonesia, Malaysia, the Netherlands, and E. Timor. When did “Comfort Women” in these countries first speak out? How many are still alive? What types of reparations are they requesting? Which organizations are working on behalf of these women?

2. Have students select an area where there has been sexual violence against women during a period of armed conflict, such as the former Yugoslavia and Rwanda. Describe how these crimes were brought to the attention of the world through the International Criminal Tribunals for the former Yugoslavia and for Rwanda.

3. Identify current examples of sexual violence and systematic rape during armed conflict. Assign students to look at these issues in specific countries, including Sudan, Congo and Iraq. Use resources such as: Human Rights Watch Women’s Human Rights
(see e above); Rehn, E & Sirleaf, E. J., *Women, War and Peace: The Independent Experts Assessment on the Impact of Armed Conflict on Women and Women’s Role in Peacebuilding* (Progress of the World's Women 2002, Vol. 1)(see j above) where 14 areas of conflict are discussed; and *Public Hearings on Crimes Against Women in Recent Wars and Conflicts* (see i above) where 16 personal testimonies are given.

4. Students should select a topic that may be an additional concern for women who have been affected by sexual violence during armed conflict. See suggestions below. Create assignment from the following: Describe how the issue affects these women. Use the Internet or articles in the library to find NGOs or agencies, including UN agencies, working on behalf of women. What are a few of the major obstacles to change? What kinds of programs have these organizations developed? Be specific about a few programs in particular countries. Are you hopeful about change? Why or why not?

**Possible Topics:**
- a. The Status of Widows
- b. Women and Torture
- c. Refuge Women/Displacement
- d. HIV/AIDS in Survivors of Sexual Violence
- e. Mental Health Impact of Sexual Violence
- f. Health Impact of Sexual Violence

5. Research Project on Contemporary Global Women’s Activism:
This assignment can be adapted with a focus on current efforts by and on behalf of survivors of forced sexual slavery by the Japanese military. The V-Day Spotlight Campaign site includes links to a number of activism organizations students might research further. Students can write individual research papers or work in groups. Whether alone or in groups, students can move beyond compiling their findings in a written report by presenting their findings to the class or to a larger audience at the school (for example, as part of a Women’s History Month program).

**Assignment Guidelines:** Profile an international women’s activist organization with a feminist mission. The purpose of this paper is to educate readers (your peers) about the group’s *mission*, the *need* for the group, specific *actions/accomplishments* of the group, and how your peers might get involved. Your profile must begin by offering background information on the issue or issues that the organization addresses. You will need to draw on a broad range of research sources in order to demonstrate that a problem exists and therefore the activist organization is necessary. Then explain how the organization addresses the issue. What is the group’s mission? Who are the members? What specific forms of activism does it utilize? What accomplishments has the organization achieved? Where is funding acquired? What actions have they taken recently? What struggles have they faced? What countries are involved in the group’s efforts? Are there comparable organizations in other cities/states/countries?
Your paper or presentation should conclude with a local connection; in other words, how
can students at your school get involved directly with this organization or participate in
activities locally that work toward the same mission?

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